

**UNIVERSAL HUMAN VALUES – UNDERSTANDING HARMONY AND  
ETHICAL HUMAN CONDUCT**

**UNIT III - Harmony in the Family and Society**

**Practice Sessions for UNIT III- Harmony in the Family and Society**

**Practice Session PS7: Exploring the Feeling of Trust**

Form small groups in the class and in that group initiate dialogue and ask the eight questions related to trust. The eight questions are:

**Related to Intention (Natural Acceptance)**

1. Do I want to make myself happy?
2. Do I want to make the other happy?
3. Is the other want to make him happy?
4. Is the other want to make me happy?

**Related to Competence**

1. Am I able to make myself always happy?
2. Am I able to make the other always happy?
3. Is the other able to make him always happy?
4. Is the other able to make me always happy?

Let each student answer the questions for himself and everyone else. Discuss the difference between intention and competence. Observe whether you evaluate your intention & competence as well as the others' intention & competence.

**Home Work:**

1. Share an instance of your personal interaction where you could see that the other had the right intention but was lacking competence. What was your participation in the interaction – did you help the other?
  
2. Share one fight/opposition you remember you had with someone, even a stranger, where now you can look back and see that it was a result of doubting the intention of the other (e.g. even a smile or a laugh hurts us if we have a doubt

**Expected outcome:**

The students are able to see that the first four questions are related to our Natural Acceptance i.e. intention and the next four to our competence. They are able to note that the intention is always correct, only competence is lacking!

We generally evaluate ourselves on the basis of our intention and others on the basis of their competence!

We seldom look at our competence and others' intention as a result we conclude that I am a good person and other is a bad person.

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