

**UNIVERSAL HUMAN VALUES – UNDERSTANDING HARMONY AND
ETHICAL HUMAN CONDUCT**

UNIT III - Harmony in the Family and Society

Practice Sessions for UNIT III- Harmony in the Family and Society

Practice Session PS8: Exploring the Feeling of Respect

1. Observe on how many occasions you are respecting your related ones (by doing the right evaluation) and on how many occasions you are disrespecting by way of under-evaluation, over-evaluation or otherwise evaluation.
2. Also observe whether your feeling of respect is based on treating the other as yourself or on differentiations based on body, physical facilities or beliefs.

Home Work:

1. List out 5 instances where you have done over evaluation and under/otherwise evaluation of the other /yourself. What would have been the right evaluation in that situation, as you are now able to see?
2. Share what you have understood about response. Analyse your interaction in the last 1 week. How many of these interactions are reaction and how many are response? Take one instance of reaction and one instance of response and share it in detail
3. Share your understanding about excellence and about being special. Where do you now want to put your effort for – to be special or to be excellent?

Expected outcome:

The students are able to see that respect is right evaluation, and only right evaluation leads to fulfillment in relationship. Many present problems in the society are an outcome of differentiation(lack of understanding of respect), like gender biasness, generation gap, caste conflicts, class struggle, dominations through power play, communal violence, clash of isms and so on so forth. All these problems can be solved by realizing that the other is like me as he has the same natural acceptance, potential and program to ensure a happy and prosperous life for them and for others through he may have different body, physical facilities or beliefs.
