

SYLLABUS

Right Understanding, Relationship and Physical Facility (Holistic Development and the Role of Education)-
Understanding Value Education-Self-exploration as the process for Value Education-Continuous Happiness
and Prosperity – the Basic Human Aspirations-Happiness and Prosperity – Current Scenario-Method to
Fulfill the Basic Human Aspirations.

Introduction:

- ❖ The present education system has become largely skill-based. The prime emphasis is on science and technology.
- ❖ However, science and technology can only help to provide the means to achieve what is considered valuable in terms of facilities.
- ❖ Value Education is a crucial missing link in the present education system. Because of this deficiency, most of our efforts may prove to be counterproductive and serious crises at the individual, societal and environmental level are manifesting.
Values and skill complement each other. Values mean importance or participation and skills mean qualities, training, and capabilities.
- ❖ To fulfill our aspirations both values and skills are necessary. When we identify and set the right goals and produce in right direction, this is known as value domain, the domain of wisdom.
- ❖ Basically we must know what really is useful to achieve human happiness, the happiness to all and for all the time. And when we learn and practices to actualize this goal to develop the techniques to make this happen in real life, in various dimensions of human Endeavour, this is known as domain of skills.
- ❖ Hence, there is an essential bonding between values and skills for the success of any human endeavor.
- ❖ For a happy and successful life it is important to know, explore, verify and practice universal human values.

Q 1. Three things are needed in order to fulfill basic human aspirations–right understanding, right relationships and physical facilities. Explain meaning of each one of these.

or

What are the requirements to fulfill basic human aspirations?

or

What is the program to fulfill the basic human aspirations? Explain

or

Explain the basic requirements to fulfill human aspirations. Give the correct priority among them.

Ans:

Our basic aspirations are happiness (mutual fulfillment) and prosperity (mutual prosperity). Happiness is ensured by the relationships with other human beings and prosperity is ensured by working on physical facilities.

Right Understanding: This refers to higher order human skills – the need to learn and utilize our intelligence most effectively.

Good Relationships: This refers to the interpersonal relationships that a person builds in his or her life – at home, at the workplace and in society.

Physical Facilities: This includes the physiological needs of individuals and indicates the necessities as well as the comforts of life. It means the feeling of having or being able to have more physical facilities than is needed.



In order to resolve the issues in human relationships, we need to *understand* them first, and this would come from '*right understanding of relationship*'. Similarly in order to be prosperous and to enrich nature, we need to have the '*right understanding*'. The '*right understanding*' will enable us to work out our requirements for physical facilities and hence correctly distinguish the difference between wealth and prosperity. With nature as well, we need to understand the harmony in nature, and how we can complement this harmony.

Q2. What do you mean by values or human values?

or

What is value education? Why there is a need of value education?

or

How does value education helps in fulfilling one's aspirations?

ANS:

- Character oriented education that requires basic values and ethnic values in one's psyche is called "Value Based Education".
- The subject that enables us to understand "what is valuable" for human happiness is called value education.
- Value education is important to help everyone in improving the value system that he or she holds and puts it to use.
- Once, one has understood his or her values in life he or she can examine and control the various choices he or she makes in their life.
- Value education enables us to understand our needs and visualize our goals correctly and also helps to remove our confusions and contradictions and bring harmony at all levels.
- It also helps remove our confusions and contradictions and enables us to rightly utilize the technological innovations.
- Once we know what is valuable to us, these values becomes the basis, the anchor for our actions.
- We also need to understand the universality of various human values, because only then we can have a definite and common program for value education.
- Then only we can be assured of a happy and harmonious human society.

Q3. What are the basic guidelines for value education?

Ans:

The subject that enables us to understand "what is valuable" for human happiness is called value education. In order to qualify for any course on value education, the following guidelines for the content of the course are important:

- 1. Universal:** It needs to be applicable to all the human beings irrespective of cast, creed, nationalities, religion, etc., for all times and regions.
- 2. Rational:** It has to appeal to human reasoning. It has to be amenable to reasoning and not based on dogmas or blind beliefs.
- 3. Natural and verifiable:** It has to be naturally acceptable to the human being who goes through the course and when we live on the basis of such values it leads to our happiness. It needs to be experientially verifiable, and not based on dogmas, beliefs or assumptions.
- 4. All encompassing:** Value education is aimed at transforming our consciousness and living. Hence, it needs to cover all the dimensions (thought, behavior, work and realization) and levels (individual, family, society, nature and existence) of human life and profession.
- 5. Leading to harmony:** The value education ultimately is targeted to promote harmony within the individual, among human beings and with nature.

Q4. Write a short note on the need for value education in today’s scenario.

Ans:

The course or subject that enables us to understand “what is valuable” for human happiness is called value education.

Need for value education is:

- **Correct identification of our aspirations:** The subject which enables us to understand ‘what is valuable’ for human happiness is called “value education” (VE). Thus, VE enables us to understand our needs and visualize our goals correctly and also indicate the direction for their fulfillment. It also helps to remove our confusions and contradictions and bring harmony at all levels.
- **Understanding universal human values to fulfill our aspirations in continuity:** Values form the basis for all our thoughts, behaviors and actions. Once we know what is valuable to us, these values becomes the basis, the plays important role for our actions. We also need to understand the universality of various human values, because only then we can have a definite and common program for value education. Then only we can be assured of a happy and harmonious human society.
- **Complementarity of values and skills:** To fulfill our aspirations both values and skills are necessary. When we identify and set the right goals and produced in right direction. This is known as ‘value domain’, the domain of wisdom, and when we learn and practices to actualize this goal to develop the techniques to make this happen in real life, in various dimensions of human endeavor (struggle). This is known as ‘domain of skills’. For example, I want to lead a healthy life. Only wishing for good health will not help me keep my body fit and healthy and without having understood the meaning of health, I will not be able to choose things correctly to keep my body fit and healthy.
- **Evaluation of our beliefs:** Each one of us believes in certain things and we base our values on these beliefs, are they false or true which may or may not be true in reality. These believes come to us from what we read, see, hear, what our parents tells us, our friends talk about, what the newspapers talk of, what we see from TV etc. Value Education helps us to evaluate our beliefs and assumed values.
- **Technology and human values:** The present education system has become largely skill based. The prime emphasis is on science and technology. However, science and technology can only help to provide the means to achieve what is considered valuable. It is not within the scope of science and technology to provide the competence of deciding what really is valuable. Value Education is a crucial missing link in the present education system. Because of this deficiency, most of our efforts may prove to be counterproductive and serious crises at the individual, societal and environmental level are manifesting.

Q5. Values and skill complement each other. Elaborate.

or

“For success in any Human Endeavour both values and skills are required” Explain.

or

What do you mean by values? How do they differ from skills? How are values and skills complementary?

or

With the help of examples, explain how production skills and human values are complementary.

Ans:

- Values mean importance or participation and skills means qualities, training, and capabilities.
- To fulfill our aspirations both values and skills are necessary. When we identify and set the right goals and produced in right direction. This is known as value domain, the domain of wisdom.
- Basically we must know what really is useful to achieve human happiness, the happiness to all and for all the time.
- And when we learn and practices to actualize this goal to develop the techniques to make this happen in real life, in various dimensions of human endeavor (struggle). This is known as domain of skills.
- Hence, there is an essential complementarity between values and skills for the success of any human endeavor.
- For example, I want to lead a healthy life. Only wishing for good health will not help me keep my body fit and healthy and without having understood the meaning of health,
- I will not be able to choose things correctly to keep my body fit and healthy. So i have to learn the skills to achieve the goal of good health i.e. food to be consumed, the physical workout to be designed.
- So without knowing the meaning of good health, health cannot be achieved and also it is necessary to make use of the goal to achieve the goal of the goal.

Q6. Define self exploration. What is the content of self exploration?

Ans:

- Self exploration is the process to find out what is valuable to me by investigating within myself, what is right for me, true for me, has to be judged within myself.
- Through self exploration we get the value of our self. We live with different entirety (family, friends, air, soil, water, trees, etc.) and we want to understand our relationship with all these.
- For this we need to start observing inside. The main focus of self-exploration is myself - the human being.
- Content of self exploration is just finding answers to the following fundamental questions of all human beings:

1. The Desire/Goal: What are my (human) Desire/ Goal? What do I really want in life, or what is the goal of human life?

2. Program: What is my (human) program for fulfilling the desire? How to fulfill it? What is the program to actualize the above?

In short, the above two questions cover the whole domain of human aspirations and human endeavor. Thus, they form the content of self- exploration.

- Self exploration is the process to find out what is valuable to me by investigating within myself, what is right for me, true for me, has to be judged within myself.
- Through self exploration we get the value of ourselves. It is a process of focusing attention on ourselves, our present beliefs and aspirations vis-à-vis what we really want to be.
- That is to say, what is naturally acceptable to us?
- If these two are the same, then there is no problem. If on investigation we find that these two are not the same, then it means we are living with this contradiction (of not being what we really want to be) and hence, we need to resolve this contradiction this conflict within us.
- It is a process of discovering that there is something innate, invariant and universal in all human beings.
- This enables us to look at our confusions and contradictions within and resolve them by becoming aware of our natural acceptance.

Q7. How can we verify proposals on the basis of our natural acceptance? Explain with example.

or

What do you mean by your natural acceptance? Is it innate, invariant and universal? Explain

or

“Natural acceptance is innate, invariant and universal” Explain this statement with an example.

Ans:

- 1) Natural acceptance implies unconditional and total acceptance of the self, people and environment.
- 2) It also refers to the absence of any exception from others.
- 3) Once we fully and truly commit ourselves on the basis of natural acceptance, we feel a holistic sense of inner harmony, tranquility and fulfillment.
- 4) Actually natural acceptance is way to accept the good things naturally.
- 5) Learn everything that is good from others, but bring it in, and in our own way absorb it; do not become others.

We can easily verify proposals in the basis of characteristics of natural acceptance mentioned below:

a) Natural acceptance does not change with time:

It remains invariant with time. For example our natural acceptance for trust and respect does not change with age.

b) It does not depend on the place:

Whatever we have accepted, in our life, at any time of our age, does not change, even if we move from one place to another one.

c) It does not depend on our beliefs or past conditionings:

No matter how deep our belief or past conditioning, as long as we ask ourselves the question sincerely, as long as we refer deep within ourselves, the answer will always be the same.

d) This natural acceptance is ‘constantly there’, something we can refer to:

Natural acceptance is always there. Whatever we do, this natural acceptance is within us, it is telling us what is right.

e) Natural acceptance is the same for all of us: it is part and parcel of every human being, it is part of humanness:

Though each one of us, may have different likes and dislikes and means to live and to react etc. but if we go deep in our mind the purpose of our work, behavior, efforts etc. are based on common goals like need to be happy, need to be respected, need to get prosperity. So our basic acceptance remains the same.

Q8. How can we verify proposals on the basis of our “experiential validation”? Explain with example.

or

What do you mean by “experiential validation”?

Ans:

- The second part of self-exploration is experiential validation.
- It means trying to live according to the proposal.
- In living, there are two parts – one is the behaviour with other human beings and the second is work with rest of nature.
- When we are behaving with human being on the basis of this proposal, we want to verify whether it leads to mutual happiness or not.
- If it leads to mutual happiness, it is a right proposal; if it does not lead to mutual happiness, it is not a right proposal.
- When we are working with rest of nature on the basis of this proposal, we want to verify whether it leads to mutual prosperity or not.
- If it leads to mutual prosperity, it is a right proposal; if it does not lead to mutual prosperity, it is not a right proposal.

Q9. What is the meaning of prosperity? How can you say that you are prosperous?

Ans:

The feeling of having or making available more than required physical facilities is prosperity. Almost all of us feel that wealth alone means prosperity and try to explain this phenomenon on this nonexistent or half fact. We are trying to achieve happiness and prosperity by maximizing accumulation and consumption of physical facilities. It is becoming anti- ecological and anti-people, and threatening the human survival itself. For prosperity, two things are required-

1. Identification of the required quantity of physical facilities, and
2. Ensuring availability / production of more than required physical facilities.

We can be prosperous only if there is a limit to the need for physical facilities. If there is no limit what so ever be the availability the feeling of prosperity cannot be assured.

Secondly, just assessing the need is not enough. We need to be able to produce or make available more than the perceived need.

Q10. What is the difference between prosperity and wealth? What is more acceptable to us and why?

or

What do you understand by prosperity? What is the difference between prosperity and wealth? How are the two related?

or

What is the meaning of prosperity? How does it differ from possession of wealth? Explain with examples.

or

Differentiate between prosperity and wealth with examples.

Ans:

- 1) Prosperity is a *feeling* of having more than required physical facilities; it is not just physical facilities.
- 2) Almost all of us feel that wealth alone means prosperity and try to explain this phenomenon on this nonexistent or half fact.
- 3) Wealth is a physical thing. It means having money, or having a lot of physical facilities or both.
- 4) This is a very important distinction. We mostly fail to make this distinction today.
- 5) We keep working for wealth, without realizing that the basic desire is for the feeling of prosperity, to have a *feeling* of having enough.
- 6) Prosperity is more acceptable to us because wealth is just a part of prosperity.
- 7) We are trying to achieve happiness and prosperity by maximizing accumulation and consumption of physical facilities.
- 8) It is becoming anti-ecological and anti-people, and threatening the human survival itself.
- 9) A person has lot of money, but does not want to share even a bit of it.
- 10) The person 'has wealth' but feels 'deprived'. If one felt prosperous he/she would have shared what one has, since there is lot more than enough wealth anyway.

Q11. "Physical facilities are necessary and complete for animals, while they are necessary but not complete for humans" Comment.

or

Explain how physical facilities are necessary but not complete for humans while they are complete for animals.

or

Physical facilities are necessary but not complete for human being. Do you agree with this statement? Support your answer with reasons and examples.

Ans:



Physical facilities are necessary and complete for animals, while they are necessary but not complete for humans. It is easy to verify.

A) For Animals: Animals need physical things to survive, mainly to take care of their body. For example; cow will look for food when it is hungry. Once it gets the grass or fodder. It eats it, sits around to chew at leisure. Hence, we can say that as long as animals have physical things, they are largely fine. They don't desire other things like knowledge or a peaceful animal society or getting a good B.Tech. degree.

B) For Humans: While physical facilities are necessary for human beings, they are not complete by themselves to fulfill our needs. Our needs are more than just physical facilities. We all have other needs, other plans, perhaps we think of going to a movie or reading a book, or go to college, or watch some TV, or spend time with family and friends and so on, this list is endless. Thus it is easy to see that while physical facilities are necessary for us human beings, they are not complete by themselves to fulfill our needs.

Hence we can say that **for animals "Physical facilities are necessary and complete"**.

For humans "Physical facilities are necessary but not complete".

Q 12. What do you mean by animal and human consciousness? Explain with the help of a diagram.

or

Distinguish between 'human consciousnesses and 'animal consciousnesses. How "shiksha andsanskar" are helpful in raising man to "human consciousness" level.

or

What is the difference between animal consciousness and human consciousness? How doesthe transformation take place in a human being?

Ans:

- Giving all priorities to physical facilities only, or to live solely on the basis of physical facilities, may be termed as 'Animal Consciousness'.
- Living with all three: Right understanding, Relationship and Physical facilities is called 'Human Consciousness'.



From the diagram we can say that:

- For animal, physical facility is necessary as well as complete – whereas for human beings it is necessary but not complete.
- Working only for physical facilities is living with **Animal Consciousness**.
- Working for right understanding as the first priority followed by relationship and physical facilities implies living with **Human Consciousness**.
- There is a need for transformation from Animal Consciousness to Human Consciousness. It can be accomplished only by working for right understanding as the first priority.
- This transformation from **Animal Consciousness** to **Human Consciousness** forms the basis for human values and values based living.
 - The content of education is the understanding of harmony at all the four levels of our existence from myself to the entire existence.
 - Right living or sanskar refers to the ability to live in harmony at all the four levels of living.
 - This dimension of society works to ensure ‘right understanding’ and ‘right feelings’ in individual.

Q13. There are many problems manifest today at the level of individual, family, society and the nature. Identify some of these problems humans suffer from.

Ans:

Today we are generally trying to achieve happiness and prosperity by maximizing accumulation and consumption of physical facilities. This effort is giving rise to many problems manifest today at the level of individual, family, society and the nature.

These problems are:

- **At the level of individual** – Rising problems of depression, anxiety, suicides, stress, insecurity, increasing health problems, lack of confidence and conviction etc.
- **At the level of family** – Breaking up of joint families, mistrust and disharmony in relationships, divorce, generation gap, dowry deaths, neglect of older people etc.
- **At the level of society** – Growing incidences of terrorism, violence, communalism, racial and ethnic struggle, corruption, adulteration, sex-crimes exploitation, wars between nations, proliferation of lethal weapons etc.
- **At the level of nature** – Global warming, weather imbalances, depletion of mineral and energy resources, deforestation, soil degradation etc.

All the problems are a direct outcome of an incorrect understanding, our wrong notion about happiness and prosperity and their continuity.

Q14. Critically examine the prevailing notions of happiness in the society and their consequences.

or

What is prosperity? Is it different from happiness?

or

What are the basic human aspirations? Explain.

or

What is the outcome when we try to identify relationship based on the exchange of physical facilities?

Ans:

Happiness may be defined as being in harmony in the state or in a situation that I live in. This may be defined as “A state or situation in which I live, if there is harmony in it then I like to be in that state or situation, and is happiness”.

Prosperity is the “feeling of having or making available more than required physical facilities”.

In the current scenario, we are generally trying to achieve happiness and prosperity by maximizing accumulation and consumption of physical facilities. This is an attempt to achieve happiness through pleasant sensory interactions. The physical facilities are not seen in terms of fulfilling bodily needs but as a means of maximizing happiness.

This has resulted in wrong assessment of wants for physical facilities as being unlimited. But this pursuit is self-defeating. Neither can we hope to achieve continuous happiness through sensory interactions nor can

we have prosperity, as it amounts to trying to fulfill unlimited wants through limited resources. This effort is engendering problems at all the levels. It is becoming anti ecological and anti-people, and threatening the human survival itself. Some of the consequences of such a trend are summarized below:

1. At the level of the individual – Rising problems of depression, psychological disorders, suicides, stress, insecurity, psycho-somatic diseases, loneliness etc.

2. At the level of the family – Breaking of joint families, mistrust, conflict between older and younger generations, insecurity in relationships, divorce, dowry tortures, family feuds, wasteful expenditure in family functions etc.

3. At the level of the Society – Growing incidences of terrorism and naxalism, rising communalism, spreading casteism, racial and ethnic struggle, wars between nations, attempts of genocide, fear of nuclear and genetic warfare, etc.

4. At the level of nature – Global warming, water, air, soil, noise, etc. pollution, resource depletion of minerals and mineral oils, sizeable deforestations, loss of fertility of soil.

It therefore, calls for an urgent need for human beings to correctly understand happiness and prosperity as well as the sustainable way to achieve these.

SAMPLE QUESTIONS

1. Recall the basic guidelines for value education?
2. “Physical facilities are necessary but not complete for human being”. Do you agree with this statement?
3. Examine self exploration, what are the contents of self exploration?
4. Enumerate the need for value education in today’s education scenario?
5. Record, what do you mean by natural acceptance? Is it innate, invariant and universal?

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